



Ultherapy Pre-Treatment Instructions

- Follow your skincare regimen and wear SPF
- Start using Neocutis' Neotherapy 2 weeks before treatment. Apply from chest to chin, if having any chest, neck, and/or jawline treatment, twice a day.
- Start using Neocutis' Bio Serum Firm 2 weeks before treatment on the full face twice a day.
- Start a probiotic (Kefir over the counter, 1/4 cup at night)
- DO NOT use antihistamine or anti-inflammatory medications the day of your treatment, and up to 2 weeks post-treatment. (Zantac, Benadryl, ibuprofen, naproxen, turmeric, pineapple, arnica)