



Microneedling with PRF Post Care Instructions

- You may wash treated area 18 hours post treatment.
- No makeup or sunblock for 24 hours.
- You may use Neocutis' Bio Cream Firm to hydrate and soothe your skin immediately after treatment, and as much as needed for your comfort.
- No rigorous activities for 48 hours post treatment (i.e. exercising, running, aerobic activity, etc.)
- Stay away from retinoids, AHA'S, OR BHA'S for 72 hours post treatment.
- NO NSAID's or antihistamines for 2 weeks post treatment.