



Chemical Peels Post Care Instructions

- Do not wash skin until morning after treatment with a gentle cleanser.
- Do not exfoliate skin until 2 weeks after treatment. - Be sure to use a gentle scrub with round spheres, ABSOLUTLY NO NUT OR SEED SCRUBS.
- Stay out of direct sun exposure for 2-3 weeks post treatment.
- Rain or Shine, wear a minimum of mineral 30 SPF daily. (A mineral sunblock has Zinc Oxide and/or Titanium Oxide listed in the active ingredients on the back of the container.)