

POSTOPERATIVE INSTRUCTIONS

Day	Begins the day after surgery	Times per day						
1	Hydrogen Peroxide (apply to suture line front & back of ears) DO NOT pull back ears							
1	Antibiotic Ointment (DO NOT apply to hairline) DO NOT pull back ears							
1	Shower and rinse hair with warm water DO NOT USE SHAMPOO TODAY							
1	Facial cold compress (DO NOT apply directly to face, use barrier)							
1	Facial Cleanser (DO NOT use wash cloth – pat dry)							
1	Antibiotic as DIRECTED! Other medications AS NEEDED!							
1	If Peel/Dermabrasion - Use Organic Coconut Oil on resurfaced areas (Eyes, Face and/or Mouth)							
1	Please stand and walk for 15 min every hour							
2	Hydrogen Peroxide (apply to suture line front & back of ears) DO NOT pull back ears							
2	Antibiotic Ointment (DO NOT apply to hairline) DO NOT pull back ears							
2	Shower and rinse hair with warm water and BABY SHAMPOO							
2	Facial cold compress (DO NOT apply directly to face, use barrier)							
2	Facial Cleanser (DO NOT use wash cloth – pat dry)							
2	Antibiotic as DIRECTED! Other medications AS NEEDED!							
2	If Peel/Dermabrasion - Use Organic Coconut Oil on resurfaced areas (Eyes, Face and/or Mouth)							
2	Please stand and walk for 15 min every hour							
3	Hydrogen Peroxide (apply to suture line front & back of ears) DO NOT pull back ears							
3	Antibiotic Ointment (DO NOT apply to hairline) DO NOT pull back ears							
3	Shower and rinse hair with warm water and BABY SHAMPOO							
3	Facial cold compress (DO NOT apply directly to face, use barrier)							
3	Facial Cleanser (DO NOT use wash cloth – pat dry)							
3	Antibiotic as DIRECTED! Other medications AS NEEDED!							
3	If Peel/Dermabrasion - Use Organic Coconut Oil on resurfaced areas (Eyes, Face and/or Mouth)							
3	Please stand and walk for 15 min every hour							
4	Hydrogen Peroxide (apply to suture line front & back of ears) DO NOT pull back ears							
4	Antibiotic Ointment (DO NOT apply to hairline) DO NOT pull back ears							
4	Shower and rinse hair with warm water and BABY SHAMPOO							

4	Facial cold compress (DO NOT apply directly to face, use barrier)								
4	Facial Cleanser (DO NOT use wash cloth – pat dry)								
4	Antibiotic as DIRECTED! Other medications AS NEEDED!								
4	If Peel/Dermabrasion - Use Organic Coconut Oil on resurfaced areas (Eyes, Face and/or Mouth)								
4	Please stand and walk for 15 min every hour								



POSTOPERATIVE INSTRUCTIONS – WEEK 1

Day	Begins the day after surgery	Times per day							
5	Hydrogen Peroxide (apply to suture line front & back of ears) DO NOT pull back ears								
5	Antibiotic Ointment (DO NOT apply to hairline) DO NOT pull back ears								
5	Shower and rinse hair with warm water and BABY SHAMPOO								
5	Facial cold compress (DO NOT apply directly to face, use barrier)								
5	Facial Cleanser (DO NOT use wash cloth – pat dry)								
5	Antibiotic as DIRECTED! Other medications AS NEEDED!								
5	If Peel/Dermabrasion - Use Organic Coconut Oil on resurfaced areas (Eyes, Face and/or Mouth)								
5	Please stand and walk for 15 min every hour								
6	Hydrogen Peroxide (apply to suture line front & back of ears) DO NOT pull back ears								
6	Antibiotic Ointment (DO NOT apply to hairline) DO NOT pull back ears								
6	Shower and rinse hair with warm water and BABY SHAMPOO								
6	Facial cold compress (DO NOT apply directly to face, use barrier)								
6	Facial Cleanser (DO NOT use wash cloth – pat dry)								
6	Antibiotic as DIRECTED! Other medications AS NEEDED!								
6	If Peel/Dermabrasion - Use Organic Coconut Oil on resurfaced areas (Eyes, Face and/or Mouth)								
6	Please stand and walk for 15 min every hour								
7	Hydrogen Peroxide (apply to suture line front & back of ears) DO NOT pull back ears								
7	Antibiotic Ointment (DO NOT apply to hairline) DO NOT pull back ears								
7	Shower and rinse hair with warm water and BABY SHAMPOO								
7	Facial cold compress (DO NOT apply directly to face, use barrier)								

