



GARCIA

↔ FACIAL PLASTIC SURGERY ↔

7807 Baymeadows Road East, Suite 303 Jacksonville, FL 32256

BLEPHAROPLASTY POSTOPERATIVE INSTRUCTIONS

1. MUST remove all lashes (extension or false) prior to surgery. Do NOT reapply until cleared by Dr. to do so.
2. Cold compress on eyes for the first 12-72 hours. Change every fifteen (15) minutes.
3. Clean suture lines with hydrogen peroxide and a Q-tip six (6) times daily.
4. Apply Lubricating Eye Ointment to suture lines following cleaning six (6) times daily.
5. Apply Lubricating Eye Ointment in your eyes if they feel dry or irritated only at night before bed.
6. Apply Lubricating Eye Drops in your eyes if they feel dry or irritated during the day as often as needed.
7. Report any eye pain or change in your vision to the Dr. and/or staff immediately.
8. May wear glasses that do not sit on your cheek.
9. Sleep with your head elevated 30 to 40 degrees.
10. Make sure to stand and walk around every 15 minutes.
11. Do Not apply any makeup (mascara, eyeliner or eyeshadow) for the first 10 days following surgery.
12. Do Not wear contact lenses for ten (10) days.
13. Do Not pluck eyebrows for two (2) weeks.

Generally you will be scheduled for 1 day, 1 week, 2 week, 1 month, 3 month, 6 month and 1 year post-op appointments!

904-203-8282

Person Receiving Instructions:

(one copy to patient, one copy to chart)

Person Reviewing Instructions:

Date/Time:
