



BLEPHAROPLASY POSTOPERATIVE INSTRUCTIONS

Day	Begins the day after surgery	Times per day
1	Shower and rinse hair with warm water DO NOT USE SHAMPOO TODAY	
1	Facial cold compress (DO NOT apply directly to face, use barrier)	
1	Facial Cleanser (DO NOT use wash cloth – pat dry)	
1	Antibiotic as DIRECTED! Other medications AS NEEDED!	
1	Use Lubricating eye drops in your eyes as often as needed.	
1	If Eyes - Clean along eyelid with Hydrogen Peroxide and apply Lubricating eye ointment	
1	Please stand and walk for 15 min every hour	
2	Shower and rinse hair with warm water and BABY SHAMPOO	
2	Facial cold compress (DO NOT apply directly to face, use barrier)	
2	Facial Cleanser (DO NOT use wash cloth – pat dry)	
2	Antibiotic as DIRECTED! Other medications AS NEEDED!	
2	Use Lubricating eye drops in your eyes as often as needed.	
2	Clean along eyelid with Hydrogen Peroxide and apply Lubricating eye ointment	
2	Please stand and walk for 15 min every hour	
3	Shower and rinse hair with warm water and BABY SHAMPOO	
3	Facial cold compress (DO NOT apply directly to face, use barrier)	
3	Facial Cleanser (DO NOT use wash cloth – pat dry)	
3	Antibiotic as DIRECTED! Other medications AS NEEDED!	
3	Use Lubricating eye drops in your eyes as often as needed.	
3	Clean along eyelid with Hydrogen Peroxide and apply Lubricating eye ointment	
3	Please stand and walk for 15 min every hour	
4	Shower and rinse hair with warm water and BABY SHAMPOO	
4	Facial cold compress (DO NOT apply directly to face, use barrier)	
4	Facial Cleanser (DO NOT use wash cloth – pat dry)	
4	Antibiotic as DIRECTED! Other medications AS NEEDED!	
4	Use Lubricating eye drops in your eyes as often as needed.	
4	Clean along eyelid with Hydrogen Peroxide and apply Lubricating eye ointment	
4	Please stand and walk for 15 min every hour	



POSTOPERATIVE INSTRUCTIONS – WEEK 1

Day	Begins the day after surgery	Times per day
5	Shower and rinse hair with warm water and BABY SHAMPOO	<input type="checkbox"/> <input type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>
5	Facial cold compress (DO NOT apply directly to face, use barrier)	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
5	Facial Cleanser (DO NOT use wash cloth – pat dry)	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>
5	Antibiotic as DIRECTED! Other medications AS NEEDED!	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
5	Use Lubricating eye drops in your eyes as often as needed.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
5	Clean along eyelid with Hydrogen Peroxide and apply Lubricating eye ointment	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
5	Please stand and walk for 15 min every hour	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
6	Shower and rinse hair with warm water and BABY SHAMPOO	<input type="checkbox"/> <input type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>
6	Facial cold compress (DO NOT apply directly to face, use barrier)	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
6	Facial Cleanser (DO NOT use wash cloth – pat dry)	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>
6	Antibiotic as DIRECTED! Other medications AS NEEDED!	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
6	Use Lubricating eye drops in your eyes as often as needed.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
6	Clean along eyelid with Hydrogen Peroxide and apply Lubricating eye ointment	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
6	Please stand and walk for 15 min every hour	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
7	Shower and rinse hair with warm water and BABY SHAMPOO	<input type="checkbox"/> <input type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/>
7	Facial cold compress (DO NOT apply directly to face, use barrier)	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
7	Facial Cleanser (DO NOT use wash cloth – pat dry)	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>
7	Antibiotic as DIRECTED! Other medications AS NEEDED!	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
7	Use Lubricating eye drops in your eyes as often as needed.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input checked="" type="checkbox"/>

7	Clean along eyelid with Hydrogen Peroxide and apply Lubricating eye ointment								
7	Please stand and walk for 15 min every hour								

Please call 904-203-8282 if you have any questions or concerns

After office hours, Please call Rosie at 904-290-3099