

# PENS, PEELS, & PRF

## Pens & Peels

Our Pens & Peels program is a safe, natural way to rejuvenate the skin. This program consists of alternating monthly treatments of chemical peels and microneedling with PRF. The peels address skin issues such as tone, texture, and pigmentation. Microneedling with PRF works below the surface of the skin to stimulate collagen production resulting in an improvement in fine lines, acne scarring, melasma, and overall tone and texture of the skin.

## PRF

PRF, or platelet rich fibrin, is made using one's own blood during their office visit. This plasma has a high concentration of healing growth factors. When injected and/or microneedled into the skin, these growth factors increase production of collagen and fibroblasts, accelerate wound healing, and decrease photodamage. Studies show that PRF can significantly improve skin elasticity, smoothness, and texture.

## How does the program work?

We recommend a series of 3 peels and 3 microneedling sessions with PRF over 6 months. More treatments may be necessary to achieve your desired results. You and your provider will determine the next steps. While some clients choose to have occasional maintenance treatments, others continue to have regular monthly treatments.

Schedule your appointment:  
904.203.8282



GARCIA

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