



BROADBAND LIGHT INSTRUCTIONS

Pre-treatment:

- NO self-tanners for 10 days prior to treatment
- NO direct sun exposure for 2 weeks prior to treatment. *(including tanning beds)*
PRESENTING WITH A TAN ON THE DAY OF YOUR APPOINTMENT WILL RESULT IN CANCELLATION OF YOUR TREATMENT AND YOU WILL FORFEIT YOUR DEPOSIT.
- Hair that is present in the area to be treated should be shaved prior to treatment. There should be no more than 0.5mm of hair growth.
You have the option to avoid treating this area altogether to avoid potential of hair not growing back.
- If you are using a topical anesthetic for your treatment, apply numbing 45-60 minutes prior to your appointment. Be sure to rub numbing anesthetic into your skin for 1-2 minutes until smooth.
WASH YOUR HANDS AFTER APPLYING NUMBING.

Post-treatment Expectations:

- You may experience some redness and swelling in the treatment area.
- Your skin may feel warm like a sunburn for up to 30-60 minutes after your treatment.
- Dark spots will become darker and will shed 5-7 days after your treatment.

Post-treatment Care:

- NO direct sun exposure or tanning beds for 2 weeks post treatment.
- Wear a physical mineral sunscreen of 30-50 SPF with the active ingredients zinc oxide and/or titanium dioxide.